

Checking your benefits just got easier

MetLife's mobile app puts convenience in the palm of your hands. You can quickly access and manage your benefit information — anytime, anywhere.

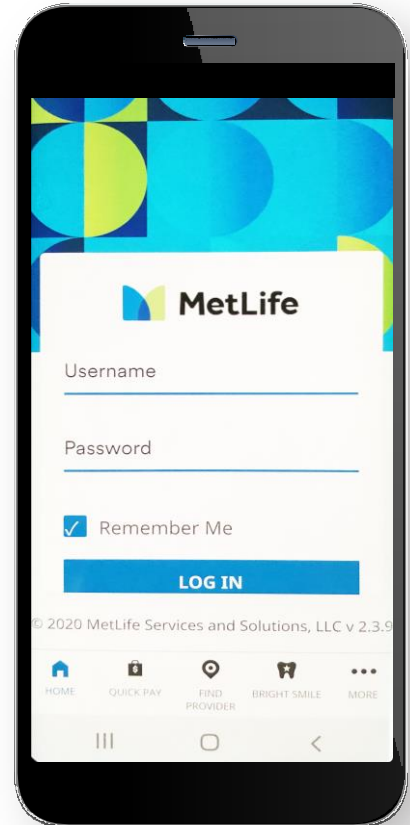
Disability Insurance

- View and update claim and leave information
- Set up direct deposit for benefit payments

Accident & Health

- View coverage details
- Submit claims
- View claim status
- Upload documents

Plus, view your current coverage for Life Insurance



It is easy to get the [MetLife US Mobile app](#)

Search “MetLife” in the App Store® or Google Play® and download the MetLife US Mobile App, or scan these QR codes.



Like most group benefit plans, benefit plans offered by MetLife and its affiliates contain certain exclusions, exceptions, waiting periods, reductions, limitations, and terms for keeping them in force. Please contact MetLife or your plan administrator for complete details.

